

# WORK PROBLEMS? IMPORTANT NUMBERS TO KNOW

## LEGAL AID

**Community Legal Clinics:** Free legal advice & information on workers' compensation, social assistance, employment, pensions, tenant's rights & more. Not every clinic covers all issues. Eligibility is based on income & if you live in the area served by the clinic. Call Legal Aid to find the clinic in your area.

Main number ..... 1-800-668-8258  
For a map & list of Ontario's  
Community Legal Clinics: ..... [www.legalaid.on.ca](http://www.legalaid.on.ca)

## EMPLOYMENT STANDARDS

Ministry of Labour (Provincial) ..... 1-800-531-5551  
Canada Labour Code (Federal) ..... 1-800-641-4049  
Small Claims Court (Toronto) ..... 416-326-3554  
To find your local Small Claims  
Court go to ..... [www.attorneygeneral.jus.gov.on.ca](http://www.attorneygeneral.jus.gov.on.ca)  
Lawyer Referral Service ..... 1-800-268-8326  
Workers' Action Centre ..... 416-531-0778  
Caregivers Connections  
Education & Support Organization ..... 416-656-5778

## HEALTH & SAFETY

Ministry of Labour Occupational  
Health & Safety Branch ..... 1-877-202-0008  
Workplace Safety & Insurance Board 1-800-387-0750  
Office of the Worker Advisor  
(Support with WSIB appeals) ..... 1-800-660-6769  
..... or [owa.gov.on.ca](http://owa.gov.on.ca)  
Industrial Accident Victims' Group  
of Ontario (IAVGO) ..... 1-877-230-6311  
Toronto Workers Health &  
Safety Legal Clinic ..... 416-971-8832  
Injured Workers Consultants (Toronto) .. 416-461-2411

## HUMAN RIGHTS

Ontario Human Rights Tribunal ..... 1-866-598-0322  
Canadian Human Rights Commission 1-888-214-1090  
Human Rights Legal Support Centre  
(free legal advice) ..... 1-866-625-5179

## WORKPLACE HARASSMENT

Ministry of Labour Occupational  
Health & Safety Branch ..... 1-877-202-0008  
Workers' Action Centre ..... 416-531-0778  
Assaulted Women's Hotline ..... 1-866-863-0511  
METRAC (resources on violence  
against women & children) ..... 416-392-3135  
..... [www.metrac.org](http://www.metrac.org)

## TAXES & HELP WITH FINANCES

Canada Revenue Agency ..... 1-800-959-8281  
Financial Advocacy & Problem Solving  
Program: St. Christopher House (Toronto) 416-848-7980

## EMPLOYMENT INSURANCE & INCOME BENEFITS

Service Canada (general inquiries) ... 1-800-622-6232  
EI, Sick Benefits, Maternity &  
Parental Leave, & more ..... 1-800-206-7218  
Canada Pension Plan (CPP) ..... 1-800-277-9914  
Social Assistance (Toronto) ..... 416-397-0330  
To find your local office visit the  
Ministry of Community Services: .. [www.mcscs.gov.on.ca](http://www.mcscs.gov.on.ca)  
Workers' Action Centre ..... 416-531-0778  
EI Appeals (Call your local  
community legal clinic) ..... 1-800-668-8258

## DISABILITY SUPPORT & LEGAL ADVICE

ODSP (Ontario Disability  
Support Program) ..... [www.mcscs.gov.on.ca](http://www.mcscs.gov.on.ca)  
Service Canada ..... 1-800-622-6232  
ARCH Disability Law Centre ..... 1-866-482-2724  
Disabled Women's Network Ontario  
(resources & advocacy) ..... [dawn.thot.net](http://dawn.thot.net)

## SPECIALTY COMMUNITY LEGAL CLINICS

Aboriginal Legal Services ..... 416-408-3967  
Advocacy Centre for Tenants ..... 1-866-245-4182  
African Canadian Legal Clinic ..... 416-214-4747  
Chinese & Southeast  
Asian Community Clinic ..... 416-971-9674  
Centre for Spanish Speaking Peoples  
Community Legal Services ..... 416-533-0680  
Income Security Advocacy Clinic ..... 1-866-245-4072  
South Asian Legal Clinic of Ontario ..... 416-487-6371

## Francophone Legal Advice Lines

Northern Ontario ..... 1-877-687-2847  
Eastern Ontario ..... 1-877-500-4508  
Greater Toronto ..... 1-877-966-7345  
Southwestern Ontario ..... 1-855-650-9716

## LEGAL RESOURCES & EDUCATIONAL MATERIALS

CLEO: Community Legal  
Education Ontario ..... [www.cleo.on.ca](http://www.cleo.on.ca)  
Workers' Action Centre ..... 416-531-0778  
Ministry of Labour ..... [www.labour.gov.on.ca/english/](http://www.labour.gov.on.ca/english/)

## MY NUMBERS

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**WORKERS' ACTION CENTRE**

[www.workersactioncentre.org](http://www.workersactioncentre.org) | 416-531-0778

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